Unreal Engine Plugin Integrating AI Automatic Segmentation and 3D Reconstruction of Liver MRI Images for VR

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Abstract

Addressing the need for 3D anatomical structure visualization in liver disease diagnosis, treatment, and medical education, this project has developed an Unreal Engine plugin capable of loading medical images, running AI inference, and reconstructing 3D models. The plugin can process liver MRI data in .nii.gz format, implement AI automatic segmentation based on MONAI's SegResNet deep learning, perform 3D reconstruction and result analysis based on the Marching Cubes algorithm. The system adopts a client-server architecture, achieving automatic segmentation of MRI images and 3D visualization. The frontend uses Unreal Engine to provide an interactive interface and real-time rendering, while the backend is based on FastAPI and PyTorch for AI inference. Through RESTful API for cross-language communication, it supports multi-organ segmentation of liver, blood vessels, and tumors, and automatically generates 3D reconstruction models. In VR applications, a VR menu has been developed that allows grasping and rotating operations on the liver and blood vessels in VR, laying the foundation for further development of VR visualization tools.

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1 Introduction

The liver is the largest solid organ in the human body, with a complex anatomical structure including liver parenchyma, hepatic blood vessels, and potentially existing tumors. The anatomical structure of the liver is crucial for the diagnosis and treatment of liver diseases. Magnetic Resonance Imaging (MRI), with its advantages of no radiation and high soft tissue resolution, has become the preferred imaging method for liver anatomical structure and lesion assessment. However, liver region segmentation and 3D visualization of MRI images in clinical practice still face technical bottlenecks. On one hand, traditional manual segmentation relies on physician experience, which is not only inefficient but also subject to subjective errors, making it difficult to meet the timeliness requirements of surgical planning and preoperative simulation. On the other hand, existing 3D reconstruction tools are mostly standalone software, such as Mimics and 3D Slicer. Although they can achieve liver model reconstruction, there is a "data gap" in connecting with virtual reality (VR) environments. Reconstructed models need to undergo format conversion and lightweight processing before they can be imported into VR platforms, a process that is cumbersome and prone to losing anatomical details, limiting the application of VR in liver surgery navigation and medical education.

In recent years, artificial intelligence (AI) technology has provided new techniques for automatic liver MRI segmentation. Segmentation models based on U-Net and its improved architectures have achieved precise liver region segmentation, significantly reducing the cost of manual intervention. However, current research mostly focuses on optimizing the accuracy of AI segmentation algorithms, neglecting the full-process integration of "segmentation reconstruction - VR interaction". Most AI segmentation models only output 2D masks or offline 3D models, lacking deep coupling with mainstream VR development engines (such as Unreal Engine), unable to support real-time rendering and interactive operations of real-time segmentation results in VR. Unreal Engine, as a development tool with photorealistic rendering capabilities and multi-platform VR compatibility, has been applied in the medical VR field, but there is no specialized "AI segmentation - 3D reconstruction" integrated plugin for liver MRI images.

Addressing the above issues, this research aims to develop an Unreal Engine plugin capable of loading medical images, running AI inference, and reconstructing 3D models. The plugin can provide full-process support for data preprocessing, AI segmentation invocation, real-time 3D reconstruction, and VR interaction adaptation, bridging the data interface between AI segmentation models and Unreal Engine, supporting direct embedding of SegResNet-trained segmentation models into the plugin, achieving automatic MRI image segmentation and 3D reconstruction of segmentation results, and laying the foundation for the next step of VR interactive components (such as gesture control, model annotation, and cutting view). This plugin provides efficient and convenient tool support for precise diagnosis and treatment of liver diseases and medical education, promoting the deep integration and development of medical imaging technology and VR technology.

2 Previous Work

In the field of medical image analysis, automatic segmentation technology for liver MRI images has made significant progress in recent years. Deep learning methods, especially U-Net and its variants, have become mainstream. The 3D residual U-Net model proposed in 2023 performed excellently in liver MRI image segmentation, with Dice similarity coefficients for liver parenchyma and tumor segmentation reaching 0.92±0.03, demonstrating the potential of deep learning in complex liver anatomical structure segmentation. However, these high-precision segmentation models mostly focus on improving algorithm accuracy, with less consideration for seamless integration with subsequent visualization and interaction platforms, especially lacking optimization for virtual reality (VR) environments.

3D reconstruction technology for medical images provides important support for clinical diagnosis and surgical planning. Early liver 3D reconstruction mainly relied on traditional image processing algorithms. For example, the Slice Growing Method (SGM) combined with level set algorithm proposed by Alom et al., achieved differentiation between liver and adjacent organs through curvature control, laying the foundation for 3D modeling of liver and vascular structures.

In terms of data acquisition, MRI can non-invasively obtain soft tissue structure information of the liver. The acquired MRI raw data needs to be preprocessed, including denoising, interpolation, and filtering operations to improve image quality and accuracy of subsequent processing. In the image segmentation stage, commonly used segmentation algorithms include threshold method, region growing method, and morphology-based methods, through which liver tissue is separated from MRI images.

Surface reconstruction and volume reconstruction are commonly used 3D reconstruction methods. Surface reconstruction is suitable for organs with clear contours, constructing 3D models by extracting feature points on the liver surface; volume reconstruction is more suitable for displaying the complex internal structure of the liver, such as ray casting method, emitting rays from the viewpoint, passing through 3D volume data, sampling at the intersection of rays and voxels, calculating their color and transparency based on voxel attributes, and then compositing these sampling points' colors and transparency to obtain the final 2D projected image.

VR technology has shown great value in medical applications. Existing virtual reality systems present the complex internal structure of human organs in high-fidelity 3D through 3D visualization technology, but mostly rely on preoperative static reconstruction models, lacking dynamic update capabilities based on real-time AI segmentation, making it difficult to respond to dynamic changes in anatomical structures during surgery.

In terms of visualization engines, Unreal Engine, with its powerful real-time rendering capabilities, has gradually become an important platform for medical image 3D visualization. Existing plugins mainly focus on rendering functions and have not integrated AI automatic segmentation modules, resulting in users still needing to rely on external software to complete image segmentation before importing into the engine for visualization, a process that is cumbersome and difficult to achieve real-time updates. In summary, although liver MRI segmentation, 3D reconstruction, and VR visualization technologies have each made significant progress, there are still obvious technical barriers in clinical applications: high-precision AI segmentation models lack deep integration with VR visualization platforms, existing medical visualization plugins have difficulty meeting real-time and interactive requirements, and these limitations provide a clear innovation direction for this research to develop an Unreal Engine plugin integrating AI automatic segmentation and 3D

reconstruction functions.

3 Technical Background

The core technologies of this project involve medical image AI automatic segmentation technology and 3D reconstruction technology.

3.1 Deep Learning Segmentation Methods

Deep learning methods automatically learn image features through neural networks, combined with a large amount of labeled data to train models, with good segmentation accuracy and robustness, and have become a new technology for current liver segmentation.

Encoder-Decoder based segmentation models are the most classic architecture for medical image segmentation, with the core being downsampling (Encoder) to extract high-level semantic features and upsampling (Decoder) to recover spatial details. The representative model is U-Net and its variants.

Basic U-Net model structure features:

Encoder: Gradually reduces feature map size through convolution and pooling, increases channel number, and extracts global semantic features;

Decoder: Gradually enlarges feature map size through transpose convolution, reduces channel number;

Skip connections: Directly pass low-level features from Encoder to corresponding layers in Decoder, solving the detail loss problem during upsampling and improving boundary segmentation accuracy.

3.2 3D Reconstruction Techniques and Algorithms

Methods for converting liver segmentation masks to 3D models mainly include voxel stacking, surface reconstruction, parametric modeling, and deep learning direct generation. A comparison of the four methods is as follows:

Voxel stacking directly stacks 2D masks in sequence to form a 3D voxel array, then displays using a 3D rendering engine. This method is simple to implement and can fully preserve segmentation accuracy, but has large data volume, non-smooth surfaces, average display effect, and poor interactive performance, making it difficult to directly use for 3D printing or fine mesh analysis.

Surface reconstruction extracts isosurfaces from voxel masks to generate triangular mesh models. Common algorithms include Marching Cubes and Contour Stitching. This method generates lightweight models with smooth surfaces, suitable for visualization and interaction, and can be directly exported as STL/OBJ for 3D printing, but requires adjustment of smoothing parameters, otherwise "jagged" edges may appear, and is sensitive to voxel resolution.

Parametric modeling uses geometric shapes or statistical models to fit segmentation results. This method produces compact models, facilitating shape analysis and biomechanical modeling, but has difficulty fitting complex anatomical structures, depends on good initialization and parameter adjustment, and may not fully reflect individual differences.

Deep learning direct generation uses 3D GAN or implicit neural representation (NeRF, SDF) to directly generate 3D models from segmentation masks or original images. This method can

generate high-fidelity, smooth models and can learn shape priors from data, but requires a large amount of labeled data for training, has complex models, time-consuming inference, and poor result interpretability.

4 Project Solution

This project is a medical image AI analysis plugin developed based on Unreal Engine, focusing on intelligent analysis and 3D visualization of liver MRI images. The system adopts a front-end and back-end separation architecture, combining deep learning technology to achieve automatic segmentation and diagnostic assistance for liver, blood vessels, and tumors.

4.1 AI Automatic Segmentation System

A three-model cascade AI segmentation scheme is adopted, separately training liver segmentation model, blood vessel segmentation model, and tumor segmentation model.

4.1.1 Deep Learning Network Model Construction

For each segmentation task, SegResNet is used as the deep learning network, which combines U-Net structure with residual block design to enhance feature extraction capability and optimize gradient propagation.

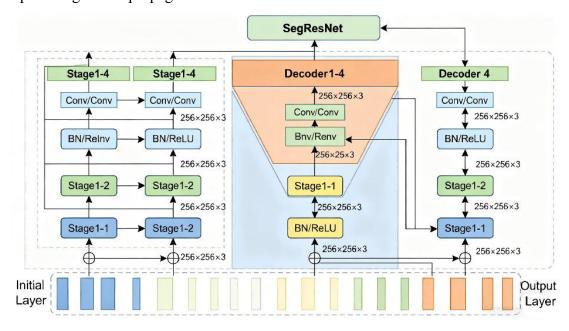


Figure 1 SegResNet Network Structure Diagram

MONAI's built-in 3D SegResNet is selected as the segmentation core. This network is designed based on residual connections, which can effectively alleviate the gradient vanishing problem of deep networks and is suitable for 3D medical image segmentation. The configuration is as follows:

Input channels: in channels=1 (single-channel MRI);

Output channels: out channels=2 (corresponding to background class 0, liver class 1);

Network depth: Default 5 layers, adjustable through depth parameter, gradually extracting spatial features from low-dimensional to high-dimensional.

4.1.2 Model Training

(1) Dataset Loader

MONAI's CacheDataset and PyTorch's DataLoader are used to achieve efficient data loading. CacheDataset caches preprocessed data in memory, avoiding repeated preprocessing in each training iteration and improving loading speed; supports multi-threaded preprocessing, further optimizing efficiency. DataLoader can shuffle sample order for training set, dedicated batch processing concatenation, support variable-length data, and infer samples one by one for validation set to avoid sliding window concatenation errors and maintain sample order.

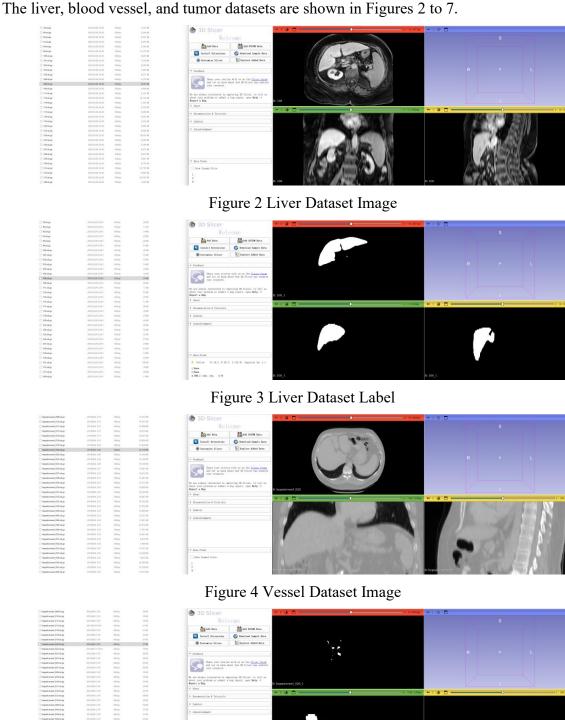


Figure 5 Vessel Dataset Label



Figure 6 Tumor Dataset Image

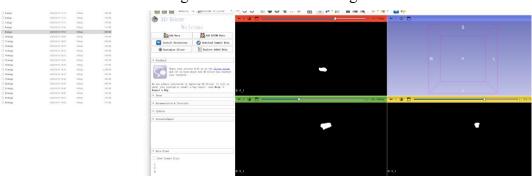


Figure 7 Tumor Dataset Label

(2) Optimizer and Learning Rate Scheduling

Adam optimizer is selected with learning rate LEARNING_RATE=1e-4, momentum parameters betas=(0.9, 0.999), suitable for stable convergence of medical image segmentation tasks.

Learning rate scheduling adopts the Reduce Learning Rate on Plateau strategy. When the validation metric Dice coefficient does not improve for patience=10 consecutive epochs, the learning rate is multiplied by factor=0.5 to decay by 50%; if the scheduling criterion is that the larger the Dice coefficient the better, set mode="max"; if the criterion is that the smaller the validation loss the better, set mode=min.

(3) Loss Function Design

Segmentation loss adopts a hybrid loss composed of Dice loss and CE loss. CE loss calculates loss in pixel units, calculating loss for each pixel and then summing, converging faster. Dice loss calculates in class pixel set units, and after converging to a certain extent, can further show higher precision in segmentation results.

(4) Evaluation Metrics

Dice coefficient is used to measure the overlap between segmentation results and gold standard, with a range of [0, 1], where closer to 1 indicates more accurate segmentation.

(5) Training Process

Each model is trained for 100 epochs. The liver Dice similarity coefficient is 0.9302, proving the effectiveness of this training method. The liver training process window is shown in Figure 8, the vessel training process window is shown in Figure 9, and the tumor training process window is shown in Figure 10.

```
Epoch 95/100 (LR: 7.96e-05)
Training complete: 28.0s, Average loss: 0.2649, Throughput: 7.1 samples/s

Epoch 96/100 (LR: 7.80e-05)
Training complete: 28.7s, Average loss: 0.2657, Throughput: 6.9 samples/s

Epoch 97/100 (LR: 7.64e-05)
Training complete: 27.0s, Average loss: 0.2516, Throughput: 7.3 samples/s

Epoch 98/100 (LR: 7.47e-05)
Training complete: 27.8s, Average loss: 0.2504, Throughput: 7.1 samples/s

Epoch 99/100 (LR: 7.30e-05)
Training complete: 28.1s, Average loss: 0.2535, Throughput: 7.0 samples/s

Epoch 100/100 (LR: 7.12e-05)
Training complete: 27.1s, Average loss: 0.2714, Throughput: 7.3 samples/s

Validation...

Validation complete: 40.0s
Current Dice: 0.9228, Best: 0.9302 (Epoch 60)

liver model training complete!
Best Dice: 0.9302 (Epoch 60)
Total time: 50.3 minutes

Average per epoch: 30.2 seconds
Models saved in: \liver_model\logs
Average per epoch: 30.2 seconds
Models saved in: \liver_model\logs
CPU cache cleared
(Liver-ai) PS D:\Project\TD\Liver_model\logs
```

Figure 8 AI Training Liver Model

```
Civation was a separation model training...

Stating vasal separation model training samples of training samples: 20, Validation samples: Stating samples: 20, Validation samples: Stating samples: 20, Validation samples: 10, Validation
```

Figure 9 Vessel Training Process

```
| Classical Small Tumor Segmentation Training System - Appressive Optimization
| Focased Small Tumor Segmentation Training System - Appressive Optimization
| Using random seed: 3800 | Section Section Seed: 3800 | Section Section Seed: 3800 | Section Section
```

Figure 10 Tumor Training Process

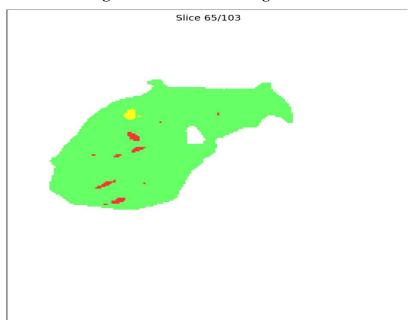


Figure 11 Segmentation Results

Figures 11 and 12 show the model's segmentation results. Through the inference stage, models that meet expectations were obtained. As shown in the figures, green represents liver, red represents blood vessels, and yellow represents tumors, and text reports were generated. Figure 13 is the text report window, showing liver, vessel, and tumor volumes and percentages.

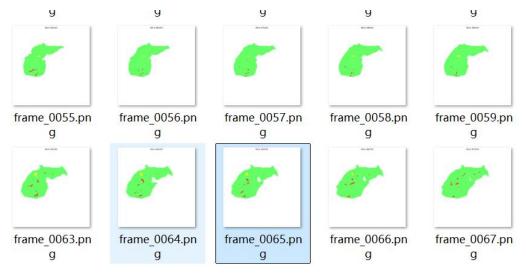


Figure 12 Segmentation Results

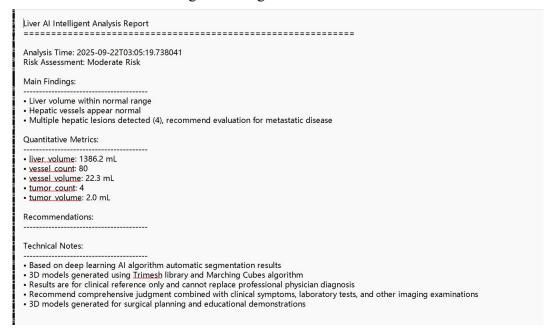


Figure 13 Inference Result Structured Diagnostic Text Report Window

The model meets the expected functions, segmenting liver, blood vessels, and tumors. If users input MRI images with tumors, yellow tumors can be detected. Of course, due to the limited tumor dataset and small tumor size, missed diagnoses may occur. The model can meet anatomical teaching needs. However, for clinical diagnostic needs, a large amount of liver tumor data needs to be added.

4.2 3D Model Generation

The Marching Cubes algorithm is a commonly used algorithm in medical image 3D reconstruction. Due to its relatively simple and fast computation, it has wide applications. This project adopts the Marching Cubes algorithm. The basic idea of the algorithm is to discretize continuous space, divide volume data into small hexahedral units (voxels), and perform isosurface reconstruction on this basis. The construction of isosurfaces within each voxel is achieved by determining the intersection points between the isosurface and voxel boundaries, and using linear interpolation technology to determine the precise positions of these intersection points. The value of each vertex of the voxel is compared with a preset

threshold to determine whether the isosurface is within the voxel. Based on different combinations of vertex values, a voxel can be decomposed into up to five triangles, and the organization of these triangles depends on the intersection situation between the isosurface and the voxel. The algorithm is implemented using an iterative strategy, systematically traversing the entire volume dataset, connecting triangle patches generated by voxel division, and finally completing 3D reconstruction. The eight vertices of a voxel have two states, namely 0 and 1, corresponding to vertex values less than the isosurface value and vertex values greater than the isosurface value, respectively, so there are a total of $2^8 = 256$ combination states. According to the translation, rotation, and symmetry characteristics of voxels, the 256 states can be simplified to 15 configurations, as shown in Figure 14.

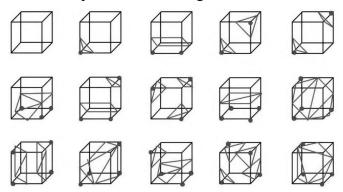


Figure 14 15 Cases of Isosurface Intersecting with Cube

After determining the basic configuration, the specific position of triangle patch vertices can be obtained by calculating the linear interpolation between the isosurface value and the vertex values of the intersecting edges. Where P represents the intersection coordinate, P1 and P2 represent the coordinates of the two endpoints on the edge, V1 and V2 represent the values at these two endpoints, and V represents the isosurface.

$$P = P1 + \frac{(V - V1) * (P2 - P1)}{V2 - V1} \tag{1}$$

Using the Marching Cubes algorithm for modeling yields 3D models of liver, blood vessels, and tumors, as shown in Figure 15:

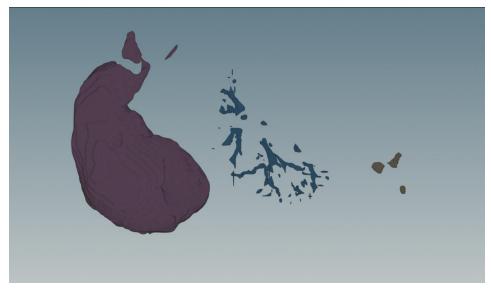


Figure 15 3D Models

Finally, the system's terminal running interface is shown in Figure 16.

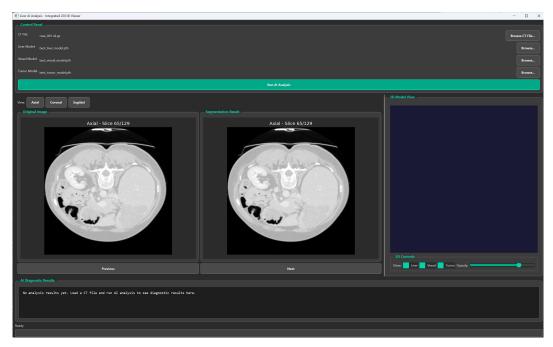


Figure 16 Terminal Running Interface

The system's terminal running results are shown in Figure 17.

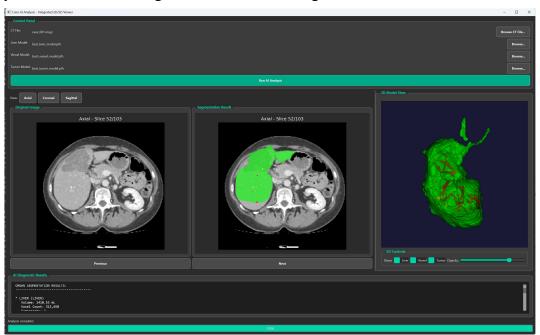


Figure 17 Terminal Running Results

4.3 UE Plugin Integrating AI Segmentation and 3D Reconstruction

The plugin adopts a layered design, with each layer focusing on specific functions and achieving cross-layer collaboration through standardized interfaces, which is both convenient for module maintenance and supports subsequent function expansion, such as adding segmentation for kidneys, lungs, and other organs. The functions of each layer are as follows:

User Interaction Layer: Receives doctor operations, displays analysis progress, visualizes 2D slices and 3D models, provides parameter configuration

Communication Coordination Layer: Encapsulates network requests, manages request

lifecycle, handles timeout/retry, parses JSON responses

Backend Service Layer: Provides RESTful API, maintains task queue, coordinates AI model invocation sequence, manages task status

AI Inference Layer: Medical image preprocessing, invokes segmentation models to separately segment liver, blood vessels, and tumors, post-processing optimization of segmentation results

Data Processing Layer: Converts segmentation masks to 3D meshes, calculates organ volume and tumor diameter, generates structured diagnostic reports

Key core technology stack:

Frontend: Unreal Engine 5 + Slate UI framework Backend: Python FastAPI + PyTorch + MONAI

Communication: HTTP/REST API

AI models: SegResNet, UNet

3D reconstruction: Marching Cubes algorithm + ProceduralMesh

4.3.1 User Interaction Layer (UE Interface)

Used for direct interaction between the plugin and users, the user interaction layer needs to balance "functional completeness" and "operational simplicity", with core design around three major scenarios: image input, process monitoring, and result interpretation. Main functions include file and parameter configuration, result visualization, and diagnostic report view. File and parameter configuration supports .nii.gz format file selection, provides path validation for file existence and format compatibility, and configures segmentation tasks such as liver, blood vessel, and tumor segmentation. Result visualization displays organ 3D models through UE, supporting rotation and scaling. Diagnostic report view presents quantified results in structured tables, such as tumor volume and percentage.

4.3.2 Communication Coordination Layer (HTTP Client)

The communication coordination layer encapsulates all network interaction logic between the UE frontend and FastAPI backend, shielding underlying network details and providing a "simple invocation, controllable exceptions" communication interface for the upper layer. Core functions include request encapsulation and sending, response parsing and conversion, and exception handling. Request encapsulation and sending submits analysis tasks and queries progress and results. Response parsing and conversion receives backend JSON responses, decodes Base64 strings of segmentation masks into TArray recognizable by UE, and handles data format differences. Exception handling provides clear error prompts for timeout and connection failures.

4.3.3 Backend Service Layer (FastAPI)

The backend service layer is built based on FastAPI, responsible for receiving frontend requests, scheduling AI models, and managing task states, ensuring stability during simultaneous use by multiple users. RESTful API includes health check interface, task submission interface, progress query interface, and result retrieval interface; task queue and state management uses Celery to build task queue, supports concurrent processing of multiple user analysis requests, avoids backend resource overload; AI model invocation coordination formulates model invocation sequence. Running the PC local server is shown in Figure 18.

Figure 18 Running PC Local Server

4.3.4 AI Inference Layer (Deep Learning Engine)

The AI inference layer is the "technical core" of the plugin, responsible for converting liver MRI images into precise segmentation masks. The core objective is to balance "high precision" and "high efficiency", adapting to clinical dual demands for accuracy and speed. Core functions include image preprocessing, segmentation model invocation, and post-processing optimization. Image preprocessing performs format conversion and size adjustment; segmentation model invocation includes: liver segmentation using SegResNet model, blood vessel segmentation using SegResNet model; tumor segmentation using UNet+Attention model, enhancing recognition capability for small tumors through attention mechanism. Post-processing optimization includes denoising, hole filling, and result restoration. Denoising removes isolated small regions in segmentation masks through morphological filtering; hole filling fills holes in liver masks to ensure complete organ morphology after 3D reconstruction; result restoration restores segmentation masks to original image size according to the scaling ratio during preprocessing, avoiding position offset.

4.3.5 Data Processing Layer (3D Reconstruction and Analysis)

The data processing layer converts AI-segmented 2D masks into intuitive 3D models and quantified indicators. Core functions include 3D mesh generation, mesh optimization, physical space mapping, and diagnostic report generation.

3D mesh generation: Based on the Marching Cubes algorithm, converts segmentation mask voxel data into triangular meshes, extracting organ surface contours;

Mesh optimization: Reduces voxel staircase effect through Gaussian smoothing, removes duplicate faces and unreferenced vertices.

Physical space mapping: According to MRI image header files, converts mesh voxel coordinates to physical coordinates, ensuring 3D model size is consistent with real organs.

Diagnostic report generation: Generates text reports in the format of volume and percentage quantified indicators.

4.3.6 UE Plugin Usage Workflow

Compile plugin in VisualStudio and enter UE:

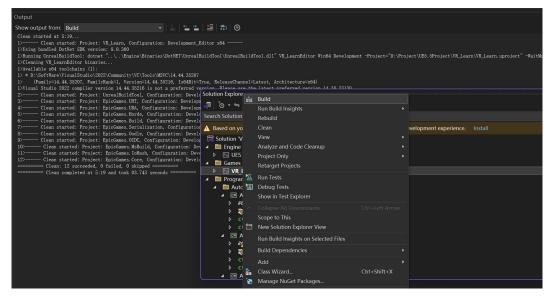


Figure 19 VisualStudio Compile Plugin to Enter UE

Ensure plugin is checked:



Figure 20 Plugin Checkbox

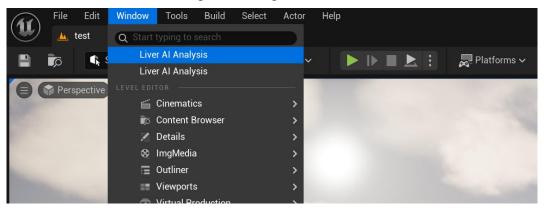


Figure 21 Plugin Location

Open plugin interface and connect to server:

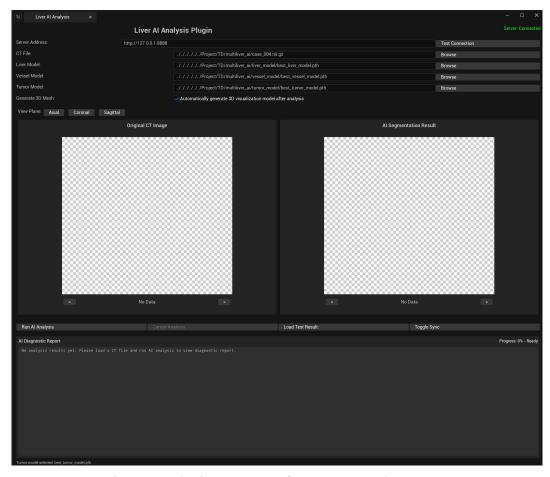


Figure 22 Plugin Open Interface, Connected to Server





Figure 23 UE Plugin Running Inference Results

4.4 VR Application

Preliminary work on VR applications has been carried out. Loading and displaying liver 3D models in UE, and displaying liver and blood vessel models in VR:

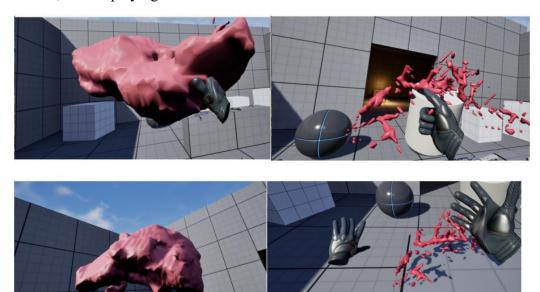


Figure 24 VR Application

This project has developed a VR menu, as shown in Figure 25. In VR, operations such as grasping and rotating can be performed on the liver and blood vessels, as shown in Figures 26, 27, and 28. This lays the foundation for further VR applications.



Figure 25 VR Menu

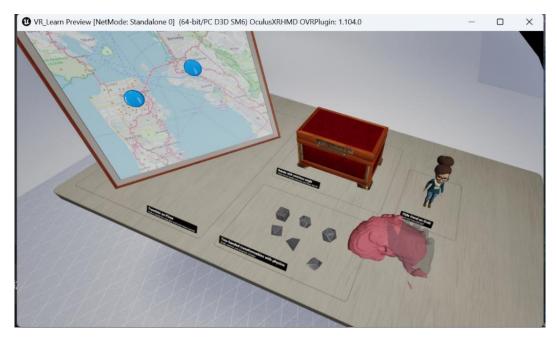


Figure 26 VR Liver Grasping



Figure 27 VR Liver Rotation

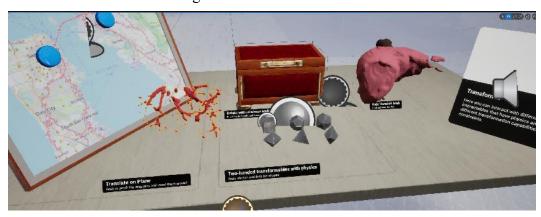


Figure 28 VR Liver and Blood Vessels

5 Conclusion

This project adopts a client-server architecture, achieving automatic segmentation of MRI images and 3D visualization. The frontend uses Unreal Engine to provide an interactive interface and real-time rendering, while the backend is based on FastAPI and PyTorch for AI inference. Through RESTful API for cross-language communication, it supports multi-organ segmentation of liver, blood vessels, and tumors, and automatically generates 3D reconstruction models. The developed Unreal Engine plugin integrates liver MRI image AI automatic segmentation and 3D reconstruction, laying the foundation for VR applications. The plugin can process liver MRI data in .nii.gz format, implement AI automatic segmentation based on MONAI's SegResNet deep learning, perform 3D reconstruction and result analysis based on the Marching Cubes algorithm. The plugin integrating AI segmentation and 3D reconstruction ensures the precision of AI segmentation while achieving intuitive 3D visualization through UE, and provides quantified indicators and reports. Results show that the system achieved good performance in liver, blood vessel, and tumor segmentation tasks, with high-quality 3D models. The project has achieved its expected goals. Future work can develop VR visualization tools based on this foundation, providing users with immersive observation and operation on VR devices.

5.1 Advantages and Innovations of the Plugin

The Unreal Engine plugin integrating liver MRI image AI automatic segmentation and 3D reconstruction for VR developed in this project has the following main advantages and innovations:

- (1) MRI image AI automatic segmentation based on SegResNet deep learning network framework improves segmentation performance and system robustness.
- (2) The system frontend uses Unreal Engine to provide an interactive interface and real-time rendering, while the backend is based on FastAPI and PyTorch for AI inference.
- (3) VR visualization tools can be further developed based on the plugin.

5.2 Future Work

Based on the current plugin development achievements and experience, future work includes:

- (1) Develop VR visualization and interaction tools that can run on VR devices, allowing users to wear VR devices, observe the liver and its internal structures in a virtual environment, and interact naturally with the models, such as rotating, scaling, and cutting models.
- (2) Expand to multiple organs: Add segmentation models for organs such as kidneys, lungs, and pancreas in the "AI Inference Layer", enabling the plugin to support multi-site medical image analysis.

6 References

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